

WORKING WITH COACHES

Establish a working relationship before the game

- Arrive promptly, looking and acting professionally
- Learn Head Coach's name (it may come in handy later)
- Be clear at plate what your expectations are but say as little as possible as quickly as possible
 - Start game on time

Learn to deal with it

- Try to understand their perspective
 - They need to win
 - This "game" is their livelihood – never act flippant or as if "this" game does not matter to you

Remember Your Body Language & Do Not Argue

- Body language tells a story by itself – try to relax – Do not stand with your arms crossed or hands on hips
 - Be respectful, even if he is not
 - His mind is made up or he wouldn't be coming out
 - Do not accept yelling
 - Sometimes he may just need to vent

When that coach comes to you (or at you)

- Remember - try to relax - be yourself
- Unless you have something to explain, make him come to you
- LISTEN – he is not interested in your point of view – Did I mention LISTEN?
 - As a rule, only answer questions
- Acknowledge his concerns but be careful what and how much you say
 - Avoid confrontation, if possible
- Ask a question if you are not sure what he is asking/talking about
- Keep the conversation on the play that brought him out – once he brings up past/previous plays your meeting is over

Do not let yourself be embarrassed

- Is the coach there to talk or show you up?
- Is he making it "personal", or trying to get a reaction?
- Big difference between **that's** horse**** and you're horse****
- **NEVER** allow a coach to bring a rule book out on the field
 - If possible, keep it between the two of you
- If you will not accept cursing from a coach, make sure you do not curse

**Remember – We do not listen to Assistant Coaches
Finally – In High School – Warn, Restrict, Eject
Do not be afraid to TCB!***

*** Take Care of Business!**